



During COVID-19, keep your child home if...

... they have any of these symptoms:



- fever (a temperature of 100.4°F or higher)
- cough
- shortness of breath or difficulty breathing
- chills
- muscle pain
- headache
- runny or stuffy nose
- sore throat
- diarrhea
- vomiting
- new loss of taste or smell
- or other signs of new illness unrelated to a preexisting condition (such as seasonal allergies)

Type something

Keeping children home helps prevent the spread of illness in the child care or early learning program.

Test your child for COVID-19

If your child has any of the above symptoms, **even if symptoms are mild**, they need to be tested for COVID-19 before they can return to child care.

King County endorses any FDA approved COVID-19 test. There are two categories of COVID-19 tests that are FDA approved for detecting COVID-19.

Your child care provider may have a policy for documentation of a negative COVID-19 result before returning to child care. Please check with them before choosing which COVID-19 test to use.

For more information about FDA approved COVID-19 tests, and a list of free testing sites, visit kingcounty.gov/covid/sites.

Scan the QR code for a list of testing sites:



If your child is not a close contact of someone who has COVID-19, they may return to the child care program after having COVID-19 symptoms if they:



Test negative for COVID-19 and it has been:

- at least 24 hours since fever has resolved (without use of fever-reducing medication)
- AND symptoms have significantly improved
- AND family provides documentation of the negative test result to the child care program

Do not get tested for COVID-19 and it has been:

- 10 days since symptoms began
- AND at least 24 hours since fever has resolved (without use of fever-reducing medication)
- AND symptoms have significantly improved

Test positive for COVID-19 and it has been:

- 10 days since symptoms began
- AND at least 24 hours since fever has resolved (without use of fever-reducing medication)
- AND symptoms have significantly improved
- AND per Washington Administrative Code 110-300-0205(8), a licensed health care professional provides a written note stating the individual may safely return after being diagnosed with a contagious disease

Please notify the child care or early learning program as soon as possible if your child tests positive for COVID-19.